



Model Curriculum

QP Name: Camp Helper

QP Code: THC/Q8602

QP Version: 1.0

NSQF Level: 3

Model Curriculum Version: 1.0

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Training Parameters

Sector	Tourism & Hospitality
Sub-Sector	Adventure Tourism
Occupation	Mountain Based Activities
Country	India
NSQF Level	3
Aligned to NCO/ISCO/ISIC Code	NCO-2015/4221.0100
Minimum Educational Qualification and Experience	Class 8 th
Pre-Requisite License or Training	NA
Minimum Job Entry Age	18 years
Last Reviewed On	29/07/2021
Next Review Date	29/07/2024
NSQC Approval Date	29/07/2021
QP Version	1.0
Model Curriculum Creation Date	29/07/2021
Model Curriculum Valid Up to Date	29/07/2024
Model Curriculum Version	1.0
Minimum Duration of the Course	330 Hours
Maximum Duration of the Course	330 Hours

Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner will be able to:

- Perform the Steps to Prepare for Camp Setup
- Employ Suitable Practices to Conduct Camp Activities
- Apply Appropriate Techniques to Conduct Post Camp Activities
- Employ suitable methods of communicating with customers and colleagues
- Apply appropriate gender and age sensitive practices
- Employ safe, healthy and hygienic practices
- Explain the steps to follow and maintain green practices

Compulsory Modules

The table lists the modules and their duration corresponding to the Compulsory NOS of the QP.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
THC/N8609 – Prepare for Camp Setup NOS Version No. 1.0 NSQF Level 3	06:00	06:00	30:00	00:00	42:00
Module 1: Introduction to adventure tourism industry and SOP's	03:00	00:00	06:00	00:00	09:00
Module 2: Organizing Pre-trip requirements	03:00	06:00	24:00	00:00	33:00
THC/N8610 – Conduct Camp Activities NOS Version No. 1.0 NSQF Level 3	09:00	24:00	120:00	00:00	153:00
Module 3: Setting up and dismantling the camp	03:00	06:00	30:00	00:00	39:00
Module 4: Managing camp operations	03:00	09:00	75:00	00:00	87:00
Module 5: Following environmental conservation practices	03:00	09:00	15:00	00:00	27:00
THC/N8611 – Conduct Post Camp Activities NOS Version No. 1.0 NSQF Level 4	03:00	06:00	42:00	00:00	51:00

Module 6: Equipment check, hand over and storage.	03:00	06:00	42:00	00:00	51:00
THC/N9913 Communicate with Customers and Colleagues NOS Version No. 1.0 NSQF Level 4	03:00	06:00	12:00	00:00	21:00
Module 7: Effective Communication	03:00	06:00	12:00	00:00	21:00
THC/N9914 Follow Gender and Age Sensitive Practices NOS Version No. 1.0 NSQF Level 4	03:00	06:00	12:00	00:00	21:00
Module 8: Gender and Age Sensitivity	03:00	06:00	12:00	00:00	21:00
THC/N9915 Maintain Safe, Healthy and Hygienic Practices NOS Version No. 1.0 NSQF Level 4	03:00	06:00	12:00	00:00	21:00
Module 9: Health and Hygiene	03:00	06:00	12:00	00:00	21:00
THC/N9916 Follow and Maintain Green Practices NOS Version No. 1.0 NSQF Level 4	03:00	06:00	12:00	00:00	21:00
Module 10: Green Practices	03:00	06:00	12:00	00:00	21:00
Total Duration	30:00	60:00	240:00	00:00	330:00

Module Details

Module 1: Introduction to Adventure Tourism Industry and SOP's Bridge Module

Terminal Outcomes:

- Explain the importance of camping and trekking in adventure tourism
- Elaborate the importance of a Camp Helper in adventure tourism
- Explain the difference between fixed camps and mobile expedition camps
- List SOPs in mountaineering and trekking for adventure tourism
- Explain the hierarchy of job roles in mountaineering and trekking activities

Duration: 03:00	Duration: 00:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Describe the importance of camping and trekking as a part of adventure tourism • List the SOPs to be followed as a part of adventure tourism • Explain the role of a Camp Helper in adventure tourism • Describe the attributes required for a Camp Helper • Differentiate between fixed camps and mobile expedition camps • Explain the hierarchy of job roles in mountaineering and trekking activities in the adventure tourism industry 	NA
Classroom Aids	
LCD Projector for PPT and Video Presentation, Speakers and Whiteboard & marker	
Tools, Equipment and Other Requirements	
NA	

Module 2: Organizing Pre-Trip Requirements

Mapped to: THC/N8609

Terminal Outcomes:

- Apply appropriate practices to identify various equipment and explain their use
- Employ methods for equipment maintenance
- Perform steps to ensure readiness of equipment and material to be used for the activity
- Apply appropriate steps for equipment packing and storage

Duration: 03:00	Duration: 06:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • List all tasks to be completed before guests arrive • Identify various equipment, explain their use and perform equipment maintenance and repair • List all supplies needed for camp setup • Gather and pack equipment and material required for the camping, tracking activity • List all hygiene factors to be followed in an outdoor or wilderness setting • Explain the importance of respect for colleagues and local communities 	<ul style="list-style-type: none"> • Demonstrate how to repair tents • Demonstrate how to conduct equipment checks and pack camp items and provisions securely
Classroom Aids	
LCD Projector for PPT and Video Presentation, Speakers and Whiteboard & marker	
Tools, Equipment and Other Requirements	
Tents, Tent Repair Kit, Cleaning Supplies, Water Heating System, Kitchen Setup, Toilet Setup, Dining Setup, Bags for Packing Supplies (with Supplies), Equipment for Fixed and Mobile Camps	

Module 3: Setting up and Dismantling the Camp

Mapped to: THC/N8610

Terminal Outcomes:

- Apply suitable methods to set up the camp
- Employ appropriate practices to dismantle the camp

Duration: 03:00	Duration: 06:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
NA	<ul style="list-style-type: none"> • Employ appropriate practices to segregate different types of tents for fixed and mobile camps • Demonstrate how to set up tourist/guest tents, kitchen area, dining area and toilet tents as per norms. • Demonstrate how to dismantle and pack tents and tent parts
Classroom Aids	
LCD Projector for PPT and Video Presentation, Speakers and Whiteboard & marker	
Tools, Equipment and Other Requirements	
Tents, Cleaning Supplies, Water Heating System, Kitchen Setup, Toilet Setup, Dining Setup, Bags for Packing Supplies (With Supplies), Equipment for Fixed and Mobile Camps	

Module 4: Managing Camp Operations

Mapped to: THC/N8610

Terminal Outcomes:

- Perform steps for smooth functioning of the camp

Duration: 03:00	Duration: 09:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain trekking techniques and principles • Discuss the parameters to identify all types of work areas like kitchen, toilet, dining area that need to be managed and cleaned • Discuss different types of guest requirements • Explain the importance of following camp security protocols • List the protocols to follow in case of a natural disaster 	<ul style="list-style-type: none"> • Demonstrate trekking techniques • Demonstrate maintenance of camp supplies/ stock and cleaning work areas. • Demonstrate housekeeping techniques in case of fixed campsites. • Role play kitchen services in mobile and fixed camps • Role play basic guest interactions in a well-groomed and presentable manner • Demonstrate grounds and common area maintenance in fixed camps • Demonstrate trail and campsite maintenance in mobile camps. • Role play emergency communication and support in case of a disaster
Classroom Aids	
LCD Projector for PPT and Video Presentation, Speakers and Whiteboard & marker	
Tools, Equipment and Other Requirements	
Complete Backcountry Camp Set Up including Tents, Cleaning Supplies, Water Heating System, Kitchen Equipment and Accessories, Toilet Equipment and Accessories, Dining Setup and First Aid Kit	

Module 5: Following Environmental and Conservation Practices

Mapped to: THC/N8610

Terminal Outcomes:

- Employ appropriate practices for minimum impact travel and camping policies
- Explain the importance of using “cat holes” in the wilderness

Duration: 03:00	Duration: 09:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Discuss outdoor and environmental ethical practices including leave no Trace Principles • Explain proper disposal procedure of human and food waste produced during the expedition • Explain the importance of “cat holes” used for human waste disposal 	<ul style="list-style-type: none"> • Demonstrate making “cat holes” and following hygiene practices • Show appropriate steps for proper hygiene practices after human waste disposal.
Classroom Aids	
LCD Projector for PPT and Video Presentation, Speakers, and Whiteboard & Marker	
Tools, Equipment and Other Requirements	
Ice axe, toilet accessories, trash bags	

Module 6: Equipment Check Handover and Storage

Mapped to: THC/N8611

Terminal Outcomes:

- Apply appropriate environmental practices for camp closure
- Perform steps to submit trip report

Duration: 03:00	Duration: 06:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the steps for proper waste disposal in the wilderness • List steps to clean, dry and pack camp equipment and campsite • List all tasks to be completed post trip/expedition 	<ul style="list-style-type: none"> • Demonstrate cleaning of camp areas, waste disposal methods using ethical environmental practices and packing supplies • Show how to repair damaged equipment • Demonstrate cleaning, drying, and packing of tents • Write a daily diary • Demonstrate equipment feedback process with camp organiser • Create basic post trip expense accounts • Show method of long-term storage of equipment in off season or between expeditions.
Classroom Aids	
LCD Projector for PPT and Video Presentation, Speakers and Whiteboard & Marker	
Tools, Equipment and Other Requirements	
Tents, Backpacks, Maps, Compass, Climbing Ropes, Harness, Helmets, Ice Axe, Snow Boots, Crampons, Pitons, Equipment Logbook, Feedback Forms, Trip Reports	

Module 7: Effective Communication

Mapped to: THC/N9913

Terminal Outcomes:

- Apply appropriate practices to interact with superiors and colleagues
- Employ methods to effectively communicate with guests

Duration: 03:00	Duration: 06:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> ● Explain the importance of trust, support and respect to colleagues and superiors ● Describe how to identify and resolve potential and existing conflicts with colleagues ● Explain the methods for effective communication with various people ● Describe the importance of effective listening, use of appropriate voice tone and pitch for communication ● Explain the importance of guest satisfaction and guest feedback 	<ul style="list-style-type: none"> ● Demonstrate professional etiquette while greeting the office staff and guests ● Role Play on how to converse with office staff and guests ● Role play a situation on how to handle customer concerns effectively
Classroom Aids:	
LCD Projector for PPT and Video Presentation, Speakers, Whiteboard & Marker	
Tools, Equipment and Other Requirements	
NA	

Module 8: Gender and Age Sensitivity

Mapped to: THC/N9914

Terminal Outcomes:

- Employ suitable practices for age and gender specific customer service

Duration: 03:00	Duration: 06:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> ● Discuss the importance of following behavioral etiquettes with women ● List the safety measures available for female colleagues and customers ● Explain the importance of being vigilant for any mishaps related to women, children or elderly people ● Explain women rights and how to respect women 	<ul style="list-style-type: none"> ● Role play appropriate behavioral etiquettes towards all ages, genders and differently abled people as per specification
Classroom Aids:	
LCD Projector for PPT and Video Presentation, Speakers, Whiteboard & Marker	
Tools, Equipment and Other Requirements	
NA	

Module 9: Health and Hygiene

Mapped to: THC/N9915

Terminal Outcomes:

- Perform steps to follow standard safety procedures
- Employ practices to maintain a clean workplace
- Apply appropriate procedures to maintain personal hygiene and health

Duration: 03:00	Duration: 06:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> ● List possible hazards in the work areas and take necessary steps to eliminate or minimize them ● Explain the need for personal and workplace hygiene and methods to maintain the same ● Explain the importance of preventive health check-ups and vaccinations 	<ul style="list-style-type: none"> ● Demonstrate the procedure for routine cleaning, sanitization and storing of tools, equipment, and other articles ● Show how to keep work area clean, hygienic and hazard free ● Demonstrate ergonomic lifting, bending or moving equipment and supplies ● Demonstrate use of personal protective equipment ● Perform emergency procedures using fire safety equipment, first aid equipment ● Identify hazard symbols related to general warning, health hazard, biohazard, harmful irritant, poison/toxic material, carcinogen hazard, explosive hazard, electrical hazard, hot surface, low temperature warning symbol ● Demonstrate the use of safety equipment for fire safety, physical safety, first aid equipment such as Automated External Defibrillator (AED)
Classroom Aids:	
LCD Projector for PPT and Video Presentation, Speakers, Whiteboard & Marker	
Tools, Equipment and Other Requirements	
Physical Safety Equipment, Personal Protective Equipment, Fire Safety Equipment, First Aid Equipment	

Module 10: Green Practices

Mapped to: THC/N9916

Terminal Outcomes:

- Employ appropriate methods for material conservation and eco-friendly practices
- Apply methods for effective waste management

Duration: 03:00	Duration: 06:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> ● Explain different types of wastewater ● Describe methods to manage non-recyclable waste ● Explain the need for following eco-friendly practices ● Explain common sources of pollution and ways to minimize them 	<ul style="list-style-type: none"> ● Demonstrate material conservation practices like using dead, dry fallen sticks instead of big logs for bonfire etc. ● Demonstrate methods to dispose-off non-recyclable waste appropriately ● Employ appropriate methods to reuse and recycle waste
Classroom Aids:	
LCD Projector for PPT and Video Presentation, Speakers, Whiteboard & Marker	
Tools, Equipment and Other Requirements	
Waste bins	

Module 11: On-the-Job Training

Mapped to: Camp Helper

Mandatory Duration: 240:00	Recommended Duration: 00:00
Module Name: On-the-Job Training	
Location: On Site	
Terminal Outcomes	
<ul style="list-style-type: none"> • Perform steps to collate information on logistical requirements and guest information, for camp set up (Mountaineering, Trekking, Fixed Camp Sites) • Employ suitable practices to set up and complete camp requirements • Perform appropriate steps for trip closure • Apply suitable techniques to communicate effectively with guests and colleagues • Employ suitable practices to provide customized age and gender specific customer service • Employ suitable practices to ensure workplace safety and cleanliness • Apply suitable practices for effective and eco-friendly waste management 	

Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
Class 12 Pass	Low or High-Altitude trekking guide/Camp Manager, Camp Cook, Sardar	10 years	Low or High-Altitude trekking guide/Camp Manager, Camp Cook, Sardar	2 years	Low or High-Altitude trekking guide/Camp Manager, Camp Cook, Sardar	

Trainer Certification	
Domain Certification	Platform Certification
“Camp Helper “, “THC/Q8602, v1.0”, Minimum accepted score is 80%	“Trainer”, “MEP/Q2601” with a scoring of minimum

Assessor Requirements

Assessor Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training/Assessment Experience		Remarks
		Years	Specialization	Years	Specialization	
Class 12 Pass	Low or High-Altitude trekking guide/Camp Manager, Camp Cook, Sardar	12 years	Low or High-Altitude trekking guide/Camp Manager, Camp Cook, Sardar	5 years	Low or High-Altitude trekking guide/Camp Manager, Camp Cook, Sardar	

Assessor Certification	
Domain Certification	Platform Certification
"Camp Helper ", "THC/Q8602, v1.0", Minimum accepted score is 80%	"Assessor", "MEP/Q2701" with the scoring of minimum 80%

Assessment Strategy

This section includes the processes involved in identifying, gathering, and interpreting information to evaluate the learner on the required competencies of the program.

1. Assessment System Overview:

- Batches assigned to the assessment agencies for conducting the assessment on SDSM/SIP or email
- Assessment agencies send the assessment confirmation to VTP/TC looping SSC
- Assessment agency deploys the certified Assessor for executing the assessment
- SSC monitors the assessment process & records
- If the batch size is more than 30, then there should be 2 Assessors.

2. Testing Environment: Assessor must:

- Confirm that the centre is available at the same address as mentioned on SDMS or SIP
- Check the duration of the training.
- Check the Assessment Start and End time to be as 10 a.m. and 5 p.m.
- Check that the allotted time to the candidates to complete Theory & Practical Assessment is correct.
- Check the mode of assessment—Online (TAB/Computer) or Offline (OMR/PP).
- Confirm the number of TABs on the ground are correct to execute the Assessment smoothly.
- Check the availability of the Lab Equipment for the particular Job Role.

3. Assessment Quality Assurance levels / Framework:

- Question papers created by the Subject Matter Experts (SME)
- Question papers created by the SME should be verified by the other subject Matter Experts along with the approval required from THSC
- Questions are mapped with NOS and PC
- Question papers are prepared considering that level 1 to 3 is for the unskilled & semi-skilled individuals, and level 4 and above are for the skilled, supervisor & higher management
- Assessor must be TOA certified
- Assessment agency must follow the assessment guidelines to conduct the assessment

4. Types of evidence or evidence-gathering protocol:

- Time-stamped & geotagged reporting of the assessor from assessment location
- Centre photographs with signboards and scheme specific branding
- Biometric or manual attendance sheet (stamped by TP) of the trainees during the training period
- Time-stamped & geotagged assessment (Theory + Viva + Practical) photographs & videos

5. Method of verification or validation:

- Surprise visit to the assessment location

- Random audit of the batch
 - Random audit of any candidate
6. Method for assessment documentation, archiving, and access
- Hard copies of the documents are stored
 - Soft copies of the documents & photographs of the assessment are uploaded / accessed from Cloud Storage and in the Hard Drives

References

Glossary

Term	Description
Declarative Knowledge	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
Key Learning Outcome	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
OJT (M)	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
OJT (R)	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
Procedural Knowledge	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills.
Training Outcome	Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training .
Terminal Outcome	Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module . A set of terminal outcomes help to achieve the training outcome.

Acronyms and Abbreviations

Term	Description
QP	Qualification Pack
NSQF	National Skills Qualification Framework
NSQC	National Skills Qualification Committee
NOS	National Occupational Standards
SOP	Standard Operating Procedure
AED	Automated External Defibrillator